



Polish Trail-O Championships
European Cup in Trail-O
IOF World Ranking Event

2019 Wleń, Poland

Bulletin 2 – event information

Organizers

International Orienteering Federation
Polish Orienteering Association
Lower Silesian Orienteering Association
Orientop Wrocław Orienteering Team

Organizing team

Event director: Alicja Wojtala
Course setters: Jacek Wieszaczewski, Joanna Puternicka
Mapper, results manager: Tomas Lestinsky
IOF Event Adviser: Marian Miklus
Volunteers team leader: Tadeusz Sławiński

Plus our wonderful volunteers, working during, before and after the event – big thanks to them!

Event Center

Zespół Szkół im. Św. Jadwigi Śląskiej, ul. Dworcowa 10, 59-610 Wleń
GPS 51.01683, 15.67215
Open on Friday 13.09.2019 at 20:00
Close on Sunday 15.09.2019 at 17:00

Event schedule

Friday, 13.09.2019, Lubiechowa

15:30-17:30 Event office working hours in Competition centre
16:30 mass start, relay
20:00 – 22:00 Event office working hours in Event centre

Saturday, 14.09.2019, Zapora Pilchowice

9:00 – 15:00 Event office working hours in Competition centre
10:00: TempO first start
Approx 17:30 awards ceremony in Competition centre (TempO, Relay)

Sunday, 15.09.2019, Dziki Wąwóz Maciejowiec

8:30 – 12:00 Event office working hours in Competition centre
9:00: PreO first start
Approx 17:00 awards ceremony (PreO)





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Courses and classes

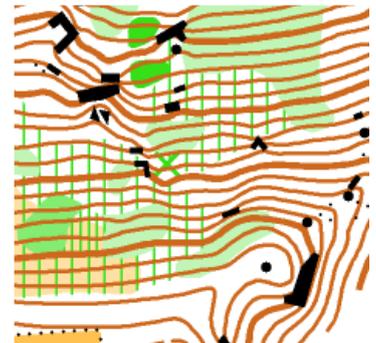
There will be 3 main competition courses:
Relay (teams of 3) (Polish Championships)
TempO (Polish Championships, ECTO, WRE)
PreO (Polish Championships, ECTO, WRE)

Competitors will be divided into the following classes:

- Open-E (everyone)
- Open-J (born 1999 and later)
- Open-M (born 2005 and later)
- Para-E (any age, for disabled competitors as defined in IOF rules)
- Para-J (born 1999 and later, for disabled competitors as defined in IOF rules)
- Para-M (born 2005 and later, for disabled competitors as defined in IOF rules)

All competitors have the same courses and those, who fulfils requirements of more than one class, will be classified in all of them.

Classes with few participants may be merged. Class Para-E will not be merged into another no matter how many or few participants are in it.



Maps

Mapped May 2019. Updated a bit by course setters and event advisor, September 2019. ISSOM 2007, mapped in scale 1:4000. Competition maps will be printed in 1:4000 (PreO, TempO) and 1:3000 (relay). Other than the usual green cross for the rootstock, no important special map symbols will be used. All terrains have never been used for orienteering.





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Competitions

- Relay on Friday – Polish Championships and open competition for all
- TempO on Saturday – Polish Championships, World Ranking Event, ECTO 2019 #7
- PreO on Sunday – Polish Championships, World Ranking Event, ECTO 2019 #8

Zero tolerance: 3 meters. Exception: TempO station 6: 8 meters.

Day 1 – Friday 13.09.2019

Relay

Event center: Lubiechowa, south of quarry entrance.

GPS 50.99692346,15.83775596

Parking: there is no dedicated parking nearby, luckily there is also very little traffic. Please use Wczasowa street (south from the event center, going east towards village center and west towards forest), be careful to not block it or any gates to houses next to it. Please leave the places closest to event center for cars with people in wheelchairs. In the Competition centre will not be any possibility to buy water or food. Nearest shop is in the centre of Lubiechowa.



The competition system.

TempO: 1 station with 6 flags and 5 tasks, before the PreO (3rd leg) or after the PreO (1st and 2nd leg).

PreO: the map will contain 15 controls. The task of each competitor is solving 10 controls. Each team has to solve each control exactly twice. Each answer is scored separately (so a team can get 2, 1 or 0 points for each control, with maximum PreO score being 30). Those rules will be printed on the map.

Total result: standard relay formula – TempO result + 60 seconds penalty for each mistake at the PreO

Punching system: PreO will use SportIdent + additional paper cards to mark only which controls have been punched by each leg. Punchers will be available in terrain next to each station. It is allowed to use any of the punchers in terrain for any control, but it is not allowed to use your own puncher. TempO will use an app created by Tomas Lestinsky, tested at multiple events in Czech Republic.





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Time limit for PreO part is 120 minutes for the whole relay (which includes 3 minutes for each exchange). If your team card is nice and clear, you get a small bonus as your exchange will likely last less in this case. Course length is approximately 250 metres per leg.

Start organization: at 16:20 teams should be gathered in the event center and ready. There will be marked places for 1st, 2nd and 3rd leg. 2-3 minutes before start 1st leg competitors will receive their maps. Mass start happens at 16:30. At this moment:

- 1st leg competitors will go to the terrain and can start solving the PreO controls,
- 2nd leg competitors will go after them and turn into a side road, to wait near exchange zone for the exchange
- 3rd leg competitors will form a Tempo station queue and will start doing the Tempo.

In addition to control circles, the map contains a triangle (marking 1st leg start) and a double circle (marking exchange zone and 3rd leg finish). After a 1st leg competitor is done solving the controls, they go back to the exchange zone, leave the map and the card and go to the Tempo queue for legs 1 and 2. The 2nd leg competitor gets the team card, a new map and can start solving controls. The third leg competitors who have solved the Tempo can stay near the event office or move to the exchange zone (but when they move, they should not move back). They should move to the exchange zone at latest when the first leg 1 competitor goes to the Tempo station (this will be announced, there will be a few minutes break between 3rd leg and 1st leg Tempo). 2nd leg competitor when they are done exchanges in the same way and joins the Tempo queue. We will have some chairs in the exchange zone but definitely not enough for everyone, if you will have your own with you, feel free to bring it in.

There will be no quarantine but please be reasonable & fair and avoid talking to people who have done a part of the competition which is ahead of you.

Terrain: out of use quarry. Multiple rock and vegetation features. The zone where you will move is flat and has good surface. There is a climb between the start and exchange zone, first leg will do it during the competition, other legs before the competition. Please help the wheelchair users on this climb and also in the quarry if they need it.

With 24 teams signed up, this is possibly the biggest TrailO relay ever held outside of WTOC or ETOC. Please try to move efficiently so that we can progress smoothly. Sunset is 45 minutes after the time limit ends and the Tempo station is very short range, so we should be done before it's too dark to compete.

Jury: Alessio Tenani (ITA), Bartłomiej Mazan (POL), Andrius Jovaisa (LTU).

Day 2 – Saturday 14.09.2019

TempO

Competition Center: Zapora Pilchowice

GPS 50.96508, 15.64318

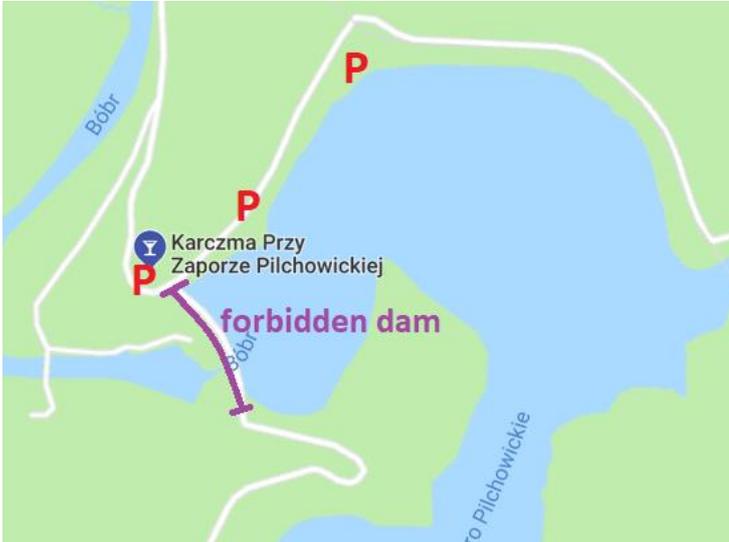
Parking: please use parking next to restaurant and small parking located on the road lead to dam from the north. In the Competition centre will be a possibility to buy water or food. CC is located next to restaurand.





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WARNING: using a dam is forbidden.



Competition system: TempO, 6 stations, each with 6 flags and 5 tasks. There will be loose and bounded maps to choose from. Timekeeping with an app created by Tomas Lestinsky, tested at multiple events in Czech Republic.

Course length: from competition center to start 200 metres with 12 metres climb, a pusher will be available on the steep part. Course length: 1600 metres, with good surface and no climbs except one place, where a pusher will be available. Time limit 150 seconds per station.

Start organization: at the time from the startlist the competitor should be ready at the start (add enough time to get there). From there, follow the markings, wait at stop signs, if you meet a person with an umbrella, let them lead you.

Terrain: out-of-use quarry for stations 1 to 5. Contour, rock and vegetation features, serious height differences on some of the stations. Station five will use some double flags. Lake border for station 6. Warning: it is an artificial lake created with a dam, water level changes. We will leave the water level on the map as it was during mapping. Two weeks before competition the water level was about 2 metres lower than on the map. One week before the competition it was about 1,5 metres lower than on the map. It is raining a lot currently, so we hope the difference between map and reality will decrease. No controls and no flags have been places on the terrain which was under water during mapping. The station will be seriously long distance, it will use quadruple flags (two double flags standing next to each other, example will be shown in the event center) and it will have increased zero tolerance. Due to long distance between the chair and the flags, the maps at this station will be in A4 format and circle diameter will be 16 centimeters.

Jury: Jana Kostova (CZE), Bartłomiej Mazan (POL), Andrius Jovaisa (LTU).





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Day 3 – Sunday 15.09.2019
PreO

Competition Center: Dzikie Wąwóz (small area on the crossroads)
GPS 50.96817, 15.62021

Parking: please use a road / parking next to Palace in Maciejowcu and small parking areas located in the village.
GPS 50.9738, 15.62133

The only way to get from parking to CC is to use a main road. Please pay special attention there.
In the Competition centre will not be any possibility to buy water or food. Nearest shop is in Pokrzywnik.



Competition system: PreO, course length 300 metres, 26 controls. Time limit 87 minutes for Open, 117 minutes for Para. Two timed controls, one before start, one after finish, both with 6 flags and 3 tasks. There will be an A-cluster at the end of the course (6 controls) which will have no decision points in the terrain, controls 1 to 20 will have decision points (even those AZ only). There will be 3 one-way sections on the course, with standard rules (stopping allowed, going back not allowed), pay attention to descriptions so that you don't miss any control because of entering a one-way section too early. Depending on the weather and light conditions on the competition day, there may be some double flags used. Punching with SportIdent, in case it fails, backup punching with safety pin you use for start number into fields on the map. Free punching order, but always punch all controls you need before you enter a one-way section (those sections will be in the control descriptions).

Road to start: from parking to competition center - 800 meters on an asphalt road, downhill. It is possible to drive there but not enough parking space, so if you don't want to walk, you need someone to drive you and go back with the car. From competition center to the stop sign of first timed control: 200 metres, slightly downhill, good road. Please turn up at this stop sign at your time from the start list.

Terrain: narrow ravine with forest, good and medium visibility, multiple rock features, big height differences. Road surface good in first half of the course, worse in second half (hard surface but cobblestones, this is mostly what half





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an hour extra for Para is for). The course is slightly downhill, with more downhill parts being one-way sections. Way back through the course, please keep silent as other people will be on the course. Road back is uphill, Open competitors please help Para competitors on the way back.

Entry fee

PreO €20 (Open-E, Para-E), €10 (others)
TempO €20 (Open-E, Para-E), €10 (others)
Relay €30/team (Open-E, Para-E), €20/team (others)
Foreign competitors can pay in cash in event center.

Payment

All payments are to be made to “Dolnośląski Związek Orientacji Sportowej” via bank transfer as follows (all charges have to be paid by sender!):

bank: Alior bank SA
IBAN: PL87 2490 1057 0000 9902 3682 1723
SWIFT Code: ALbPPLPW
to the credit of:
DZOS, Borowska 1-3, 50-529 Wrocław, Poland
With title: TrailO Poland 2019, Name, Surname

Embargoed area

Map of embargoed areas:

<https://drive.google.com/open?id=1Rwh0L3EXUS-EDfbUO09Lq-Ksw2PiDQeh&usp=sharing>

Competitors, coaches, assistants and anyone else who could influence competition results are not allowed to enter those areas from the day the bulletin is released until the organizers lift the embargo when the competition is finished.

Accommodation

- Hard floor: Zespół Szkół im. Św. Jadwigi Śląskiej, ul. Dworcowa 10, 59-610 Wleń, **€2,5 per night**
- Ośrodek: Rehabilitacyjny i Opiekuńczy Zgromadzenia Sióstr św. Elżbiety, ul. Jana Kazimierza 1, 59-610 Wleń, www.wlen.elzbietanki.wroclaw.pl – ok for people on wheelchairs
- Other: www.wlen.pl/katalog

Contact

Dolnośląski Związek Orientacji Sportowej
ul. Borowska 1-3
50-529 Wrocław
www.wtoc2021.pl
office@wtoc2021.pl

